



Wesley Financial Literacy Program

# In Charge of My Money

## Learn how to manage your money

Join our 'In Charge of My Money' workshop and learn how to manage your expenses, reduce your financial stress and make better financial decisions.

### **Module 1: Know it - Your income and expenses**

**This module explores what participants spend their money on and how they pay for things**

Part 1 - know your income and expenses

Part 2 - know where your money goes

Part 3 - review how you pay for things.

### **Module 2: Do it – Managing your money**

**This module explores how participants manage their money by identifying their goals, saving, planning and preparing a budget**

Part 1 - know what you want – goal setting

Part 2 - pay yourself first – savings

Part 3 - planning and budgeting – manage your money.

### **Module 3: Review it – Managing your debt**

**This module explores how participants can manage their debt and get support if needed**

Part 1 - getting into and out of debt

Part 2 - know the real cost of borrowing

Part 3 - monitor and manage your debt

Part 4 - where to go for help.