



Jorge is from Ashcroft
"Fresh, tasty tacos"



Taco Recipe from Jorge

Ingredients (Serves 2)

- 8 taco shells
- For bean filling:**
- 1 can red kidney beans
- salt
- 1 tsp dry coriander leaves
- 1tsp red chilli powder
- 1 medium/big onion, chopped and made to a paste in the mixer
- 3-4 tsp oil

For Topping:

- 1 ripe avocado, chopped
- 1 tomato, finely chopped
- 1/2 cup lettuce, chopped
- salsa dip or hot sauce
- grated cheddar cheese

Method

- For bean filling: put the beans in a microwavable container. Add a lot of water to the container

so the beans are soaking, and microwave for around 7 minutes

- Drain the water and mash the beans thoroughly
- Add some salt, chilli powder, dry coriander leaves. Mix well
- Take some oil in a frying pan. Add the onion paste and fry for around 1-2 mins
- Add this paste to the mixture of beans and spices
- To serve: Take the taco shells and heat 2 at a time for 30 seconds in the microwave. Put a tbsp. of bean filling inside the taco
- Spread avocado, add lettuce, grated cheese, chopped tomato and then salsa
- Serves 4.



Helpful contacts

Wesley Community Housing
1800 770 602

Lifeline
13 11 14

Emergency services (Police, Ambulance and Fire Fighters)
000

Sane Australia (Mental health support)
1800 187 263

Police (non-emergency)
131 444

Women's Domestic Violence Helpline
1800 007 339

Men's Domestic Violence Helpline
1800 000 599

Did you know?

Wesley mission offers over 130 services in NSW, all of which are available to those who need them.

Wesley Financial Counselling: Free, independent and confidential face-to-face counselling to help you if you are in financial distress or would like to manage your money more effectively. Call **1300 827 638**.

Wesley Home Care: We offer a range of Home Care Packages and support for seniors. To talk to one of our experts, call **1300 086 906**.

Wesley Training: We provide a wide range of training programs across Australia for students and employees, to help develop skills, create employment opportunities and build careers. Call **1800 676 039** or email training@wesleymission.org.au



How does the Easter Bunny stay fit? EGG-xercise

March 2020

Knock knock

Wesley Community Housing

Growing together at Windale and Hamilton South

As part of our Community Greening program, residents of James Street, Windale, and Fowler Street in Hamilton South are working in partnership with Wesley Mission staff and the Royal Botanic Gardens to improve outdoor facilities and gardens.

Together, residents and staff are transforming outdoor spaces from neglected areas to beautiful, enjoyable places to spend time with friends and neighbours.

At Windale, a lot of rubbish used to be left on the property, resulting in it looking tired and unloved. But after several clean-up days, the property is looking vastly different. Several gardens have been set up, including a native garden, vegetable garden and an insect hotel. Tenants of James



Street love working in the garden and seeing how it is growing and changing each season.

At Hamilton South, several gardening days have been held. At one of the days a TAFE student came along and built planter boxes in a wonderful show of community support.

The best part about the Greening

Program is that tenants themselves get to decide what the gardens should look like. For example, at one location the tenants decided a veggie garden would be a great idea, so all residents could plant and harvest fresh food. Now the garden is under construction, with the first crop to arrive soon. All the residents are excitedly



Contact us

General enquiries 1800 770 602
Maintenance and repairs 1800 770 602

Wesley Community Housing
communityhousing@wesleymission.org.au
wesleymission.org.au

ABN 42 164 655 145 Wesley Mission is a part of the Uniting Church in Australia.

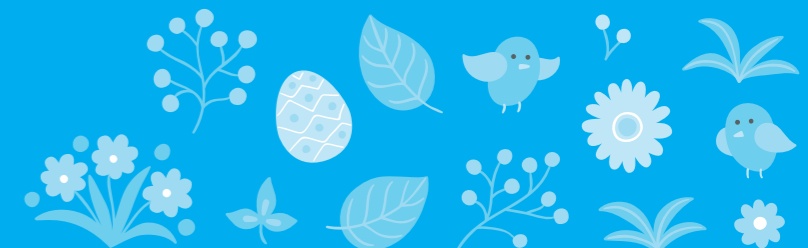
Connect with us



Do all the good you can because every life matters

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Easter with Wesley Mission



Growing together at Windale and Hamilton south continued

anticipating the first tasty salad grown in their own garden.

Tending a garden can give people a great sense of pride and satisfaction, and that's certainly the case at Windale and Hamilton South. Brenden, a team member from the Royal Botanic Gardens Community Greening program, shares, "I am inspired by the welcome open arms I receive, with tenants showing me around where they live. They are so proud to showcase their efforts in the gardens."

What did the mummy egg say to the baby egg? You're egg-stra special!

Gardening is also a great way to take care of the earth and build a better future for your children. Brenden explains, "Our groups are creating

habitat gardens to encourage native flora and fauna and to educate others about the environment."

It's also a great way to get connected with others. At Windale and Hamilton South, clean-up and gardening days often involve a tasty BBQ for all attendees to enjoy as tenants and Wesley Mission staff have a chat over lunch.

Liesa, Community Engagement Officer from Wesley Mission, says, "I would like to encourage those who are a bit shy – the Community Greening program is for everybody and not just for the garden experts. We are not there just to garden, but also to interact and engage."

We would like to hear from you on how you would like to get involved. Please contact us on 1800 770 602 or email communityhousing@wesleymission.org.au. 🏠



Brenden sharing his talents other than gardening.

Important reminders

- At the end of a tenancy, it is the tenant's responsibility for leaving the property in the same condition as at the start of the tenancy, except fair wear and tear
- Any charges will appear on your tenant statement, a claim from your bond will be made and you will be invoiced for the outstanding amount.
- To protect your safety, all Wesley Community Housing properties are fitted with working smoke alarms. Please do not damage, cover or remove these from the ceiling – this will incur a tenant charge and may impact your tenancy. For any questions or issues with smoke alarms please contact us on 1800 770 602. 🏠



We'd love to hear from you

Tenant Handbook

We are currently developing a new Tenant Handbook, and we would like to receive your feedback. If you are interested in reviewing the drafted handbook, please let us know.

Your Community

Let us know what interests you, what community engagement you would like to see and what you would like to read about in our newsletters.

Please call 1800 770 602 or email communityhousing@wesleymission.org.au. 🏠

What music do Easter Bunnies listen to? Hip-hop

Changes to the Residential Tenancy Act March 2020

From time to time Fair Trading updates the Residential Tenancy Act. New changes are being made from 23 March 2020. A summary of the changes are below.

Smoke Alarms

Landlords must:

- Repair smoke alarms within 2 business days of becoming aware of an issue
- Check smoke alarms every year
- Replace smoke alarms every 10 years
- Provide tenants with at least 2 business days' notice for smoke alarm inspections
- Provide tenants with at least 1 hours' notice of repairing or replacing a smoke alarm.

Tenants must:

- Notify the landlord if they discover that a smoke alarm is not working
- Notify the landlord if they change the battery or replace an alarm

What this change means for you:

- The notice periods Wesley Community Housing provides in relation to smoke alarm inspections has shortened
- You have a responsibility to contact Wesley Community Housing on 1800 770 602 for any smoke alarm issues.

Changes relating to minor repairs

From March 2020, landlords must not deny tenants reasonable small alterations. These include: securing furniture to a non-tiled wall for safety reasons, fitting a childproof latch to an outdoor gate of a single dwelling, inserting fly screens on windows, installing or replacing an internal window covering, installing cleats or cord guides to secure blind/curtain

cords, installing child safety gates inside the property and installing window safety devices for child safety.

The tenant must pay for the fixtures they install or any alterations or additions unless the landlord agrees otherwise.

Before making any alterations or additions as described above please discuss with Wesley Community Housing on 1800 770 602. 🏠



Upcoming important dates

Tenant satisfaction survey

Our tenant satisfaction survey which is completed every 2 years will be sent out soon. We want to hear your feedback so we can improve what we do, please keep an eye out and complete the survey when you receive it.

Rent review

In April we will be doing a review of all rents. When you receive the letter for the rent review, please provide your income details before the due date, this will ensure you are not placed on market rent and your tenancy isn't put at risk. If you have

any questions, please do not hesitate to contact us on 1800 770 602.

Easter with Wesley Mission

Another essential aspect of Wesley Mission is our diverse congregational life. This year we had decided to mark Easter with the theme 'signals of hope', a message that is powerfully needed at this time when so many are fearful.

With appropriate directions limiting large gatherings, the decision has been made to cancel events such as our planned public Palm Sunday, Good Friday and Easter breakfast and lunch events. However, we hope to continue with the Sunrise Service live broadcast to the nation on Easter Sunday supported by a small film crew.



If you are experiencing a personal crisis and would like to speak to someone now, please call Lifeline on **13 11 14**. If you or someone you know are in danger, please call 000.

Additionally, you are encouraged to sign up to receive daily devotionals during Lent, by visiting wesleymission.org.au